

Meet with peers and family members who talk about mental health issues in an atmosphere of acceptance, respect, and mutual understanding.

For more information, contact NAMI DC:
202-546-0646
www.namidc.org
namidc@namidc.org

Weekly Support Group

FREE AND CONFIDENTIAL—ALL ARE WELCOME

When: Every Wednesday, 7 to 9 pm

Where: NAMI DC
422 Eighth Street SE, Suite 200
Washington, DC

NAMI DC is near the Eastern Market Metro Station and bus lines 90, 92, 32, 34, 36, and a DC Circulator. Nearby street parking is limited. *Note: Requires a flight of stairs.*



NAMI DC (National Alliance on Mental Illness—DC Chapter) has been serving individuals with lived experience of mental illness and their families in the Nation's capital for more than 37 years.